



John Patrick Trainor, Jr.

April 2, 1947 - December 30, 2022

John Patrick Trainor Jr., 75, of The Woodlands, Texas passed away on December 30, 2022 surrounded by close friends and family. John, fondly known as Jack in his early years was born to John and Miriam Trainor on April 2, 1947 in Philadelphia, Pennsylvania. John has eight siblings including five brothers and three sisters. After graduating from Saint James Catholic High School, he enlisted in the U.S. Navy.

At a young age of 17, he met his love, Rosemary Murphy. During his enlistment in the Navy, they wed and were later blessed with two daughters: Jenny Lynn and Julie Ann. Upon returning to Pennsylvania, John began working at Texaco while attending Brandywine College where he earned a degree in business. Through his many years at Texaco, John and his family lived in New Mexico and Texas.

John loves spending time in nature, especially on family camping trips. He was active most days, either running, biking, golfing or playing tennis. He rooted for the Philadelphia Eagles and loved rocking out - loudly- to his impressive vinyl album collections. After retirement, he used his time to focus on his family, interests, and hobbies.

John is survived and missed by his ex-wife Carolyn Janik, two daughters, Jenny Trainor and Julie LeMaster, and son-in-laws Christopher LeMaster and Jonathan Moore. Forever cherished and remembered by his two grandchildren, Carly and Carson LeMaster. His memory lives on with his siblings and their families: Dennis Trainor, Miriam & Tom Reed, Timothy Trainor, Maryellen Trainor, Patrick Trainor, Joanne Trainor & Anthony Scamardella, Robert Trainor and numerous nieces and nephews. John was preceded in death by his father John, mother Miriam, brother Michael, and his loving wife Rosemary.

A memorial service will be held on Saturday, January 14, 2023 in the Chapel of Sam Houston Memorial Funeral Home, 20850 Eva St., Montgomery, Texas 77356. Interment will follow at a later date at Houston National Cemetery. You may leave written condolence to his family at www.shmfh.com.

Previous Events

Memorial Service

JAN 14. 11:00 AM - 12:00 PM (CT)

Sam Houston Memorial Funeral Home - Montgomery
20850 Eva. St.
Montgomery, TX 77356

Tribute Wall



“ *Serene Retreat was purchased for the family of John Patrick Trainor, Jr..*



January 13, 2023 at 01:22 PM



“ *Pretty Please was purchased for the family of John Patrick Trainor, Jr..*



January 10, 2023 at 11:39 PM



“ *Beautiful in Blue was purchased for the family of John Patrick Trainor, Jr..*



January 10, 2023 at 09:32 AM

JM

“ *Dear Jenny and Julie
I'm so sorry to hear of your Dads' passing. I know how hard this has been for you.
I have such good memories of those days so long ago.. not yet married.
Spending so much time in your Mom and Dads house in Delaware . Listening to
the incredible stereo system your Dad was so very proud to have.
Take care of each other.*

janet murphy - January 10, 2023 at 09:26 AM

ME

*My Thoughts and Prayers Go Out To The Whole Trainor Family May God Give You All
The Strength To Get Through This Very Hard and Sad Time 🙏🙏❤️*

Maryanne Esslinger - January 10, 2023 at 10:41 AM

RW

“ I have great memories spending time with Jack and Rose, their young pretty girls Jenny and Julie. My ex (Jacks sister) and I would go to their house, play cards, games and went on several camping trips. Jack and Rose had a great sense of humor, were great parents and so much fun to be around. Only got to see them a couple times after they moved to Texas for work but always missed them. RIP
Randy and Jeanne Wilkinson

Randy Wilkinson - January 06, 2023 at 10:00 PM



“ Medium Dish Garden was purchased for the family of John Patrick Trainor, Jr..



January 06, 2023 at 10:01 AM



“ Full Of Love Bouquet was purchased for the family of John Patrick Trainor, Jr..



January 05, 2023 at 08:04 PM